

Whatcom Community College Counseling Office offers:

- ◆ Career planning
- ◆ Academic success strategies
 - Stress management
 - Test anxiety
 - College transition
- ◆ Problem solving and decision making
- ◆ Communication skills
- ◆ Crisis management
- ◆ Chemical dependency issues
- ◆ Referral to community services

To schedule an appointment, contact:

Margaret Vlahos, Counselor
Paul Curd, Counselor
Dawn Gallardo, Counselor
at the
Entry & Advising Center
Laidlaw Center, Room 116
360.383.3080



Notice of Non-Discrimination

Whatcom Community College does not discriminate on the basis of race, color, national origin, religion, sex, disability, honorably discharged veteran or military status, sexual orientation, gender identity, gender presentation, ancestry, ethnicity, family status, immigration status, socioeconomic status, genetic information or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies and Title IX compliance: Executive Director for Human Resources, 237 W. Kellogg Road, Bellingham, WA 98226, 360.383.3400. WCC publications are available in alternate formats upon request by contacting the Disability Support Services Office at 360.383.3080; VP 360.255.7182.

Community Resource List

www.211.org

800.223.8145 • TTY 425.339.3301

Free and confidential information and referral.
Help with food, housing, employment,
health care, counseling, and more.

Available in alternate format. Contact Access &
Disability Services at 360.383.3043 or via video
phone for deaf callers at 360.255.7182

Whatcom
COMMUNITY COLLEGE

237 West Kellogg Road, Bellingham, WA 98226

360.383.3000

VP: 360.255.7182

Fax: 360.383.4000

whatcom.edu



Whatcom Community Resources



1-800-584-3578
CRISIS CARE LINE
Emergency Counseling

Whatcom
COMMUNITY COLLEGE

9/14
Revised 10/19

WHATCOM COMMUNITY RESOURCES

ABUSE ASSAULT / DOMESTIC VIOLENCE

Domestic Violence and Sexual Assault Services

www.dvsas.org 360.715.1563 or 877.715.1563

- Confidential Services
- Support for domestic violence victims
- Support for sexual assault victims
- Emergency shelter for victims of domestic violence
- Advocacy for victims of domestic violence

ALCOHOL / SUBSTANCE ABUSE

Alcohol/Drug Help Line

www.adhl.org 206.722.3700

Alcoholics Anonymous (AA) Whatcom County

www.whatcomaa.org 360.734.1688

- Local group meetings

Narcotics Anonymous

www.nwwana.org 360.647.3234 – 24-hour help line

- Local group meetings

Substance Abuse & Mental Health Services Administration

www.samhsa.gov/find-help 800.662.4357

CAREER AND JOB INFORMATION

Whatcom Community College Career Center

360.383.3055

WorkSource – Whatcom Career Center

www.worksourcewa.com 360.676.1521

Goodwill

www.seattlegoodwill.org 1115 E. Sunset Drive 360.738.0483

DENTAL CARE

Bellingham Technical College Dental Clinic

www.btc.edu 360.752.8349

- Low cost dental care for the public

Unity Care NW

www.unitycarenw.org 360.676.6177

- Dental care for low income
- Sliding scale fee

Sea Mar Community Health Center

www.seamar.org 360.788.7101

- Dental care for low income
- Sliding scale fee

FAMILY AND YOUTH SERVICES

Catholic Community Services

www.ccsww.org 360.676.2164

- Mental health services for children and families

Northwest Youth Service

www.nwys.org 360.734.9862

- Short-term crisis intervention for youth and family
- Long-term services for youth and family
- Free and/or sliding scale fee

FINANCIAL

Department of Social and Health Services

www.dshs.wa.gov 360.714.4000 or 877.501.2233

- Food stamps, financial assistance, medical coupons
- Many other services and resources

FOOD / NUTRITION

Bellingham Food Bank

www.bellinghamfoodbank.org 360.676.0392

- Weekly emergency food for those in need
- Referrals to other county food banks

Opportunity Council

www.opcco.org 360.734.5121

- Food and Nutrition Program

HOUSING

Opportunity Council – Community Resource Center

www.opcco.org 360.734.5121

- Emergency shelter and rental assistance
- Referrals to other resources

LEGAL

Law Advocates

www.lawadvocates.org 360.671.6079

- Free legal assistance to eligible residents of Whatcom County

Northwest Justice Project

www.nwjustice.org 888.201.1014 or 360.734.8680

- Free civil legal services for low income

MEDICAL / COUNSELING

Unity Care NW

www.unitycarenw.org 360.676.6177

- Primary medical care for low income
- Mental health care for low income
- Sliding scale fee

Sea Mar Community Health Center

www.seamar.org 360.671.3225

- Medical care for low income
- Mental health care for low income
- Sliding scale fee

St. Joseph's Medical Center

www.peacehealth.org 360.734.5400

- Emergency medical care
- Emergency mental health care

Western Washington University

Psychology Department 360.650.3184

- Free counseling for the public January through June

Compass Health

www.compasshealth.org 360.676.2220

Emergencies: 800.584.3578

- Counseling and psychiatric outpatient services

TRANSPORTATION

Whatcom Transportation Authority

www.ridewta.com 360.676.RIDE (7433)

- County bus service

